

Environment

1

Yard & Garden Clean-up

Spring fever? Do some yard clean-up and gardening at 1 of 2 residences of SHORE Community Services. SHORE provides housing and supportive services for individuals with developmental disabilities.

- 1:30 pm - 3:30 pm
- 11 people: adults or teens
- location in Skokie

#2

Canoe Clean-up of Skokie Lagoon

Have fun on the water while lending a hand! Remove trash from the water and banks of the beautiful Skokie Lagoons. We'll provide the canoes and life vests; canoeing experience is recommended.

- 11:00 am - 2:00 pm (NOTE TIME!)
- 24 people (8 canoes): 2 adults and 1-2 children per canoe, ages 6 and older

#3

Prairie Restoration *SPECIAL TEEN PROJECT*

Teens spend the afternoon at a restoration site in Harm's Woods pulling garlic mustard and cutting buckthorn. An ecology presentation is part of the fun. All materials are provided.

- 1:30 pm - 3:30 pm
- teens can sign up individually or as part of a congregation's youth group
- transportation provided by school bus from Beth Emet, 1224 Dempster

#4

Keep Evanston Beautiful

Enjoy the morning or afternoon in Evanston parks while picking up trash. A great way for younger children to help care for their community!

- 10:00 am - 11:30 am OR 1:30 pm - 3:00 pm
- unlimited number of people
- parks in Evanston

#5

More Spring Clean-up

Spring clean-up and light gardening at several locations for the Howard Area Community Center which serves low-income families in Rogers Park. Enjoy the spring air and spruce-up the neighborhood at the same time!

- 1:30 pm - 3:30 pm
- 10 people, adults and children (age 10 and older)
- 7648 N. Paulina, Chicago



People to People

#6

Pet Visiting 1

Your well-behaved dog and you visit with nursing home residents at Evanston Nursing and Rehabilitation Center.

- 2:00 pm - 3:00 pm
- 3 dogs accompanied by their owners (individuals or families)
- 1300 Oak St., Evanston

#7

Pet Visiting 2

Your well-behaved dog and you visit with blind and visually impaired residents of Friedman Place.

- 2:00 pm - 3:00 pm
- 3 dogs accompanied by their owners (individuals or families)
- 5527 N. Maplewood, Chicago

#8

Assist at a Special Music Concert

Listen to a beautiful chamber music concert with the guests of the North Shore Senior Center. You'll be taking tickets, ushering and serving punch. The NSSC is a resource center for older adults and their families and also houses a day program for individuals suffering from early or late stage memory loss.

- 1:00 pm - 3:00 pm
- 5 people: teens or older
- 161 Northfield Rd., Northfield

#9

Bingo!

Play Bingo and visit with residents of Lieberman Geriatric Health Center.

- 1:30 pm – 3:00 pm
- 15 people: families or individuals
- 9700 Gross Point Road, Skokie

#10

Strum your Guitar, Blow your Horn!

Do you play a musical instrument that you can transport to entertain residents of Friedman Place? Come visit and make music in the afternoon!

- 3:00 pm - 4:00 pm
- 5 musicians (and their families are welcome to visit too)
- 5527 N. Maplewood, Chicago

#11

Visit at Misericordia Home

Share an interactive, leisure activity with nursing care children and adults with multiple handicaps at Misericordia/Heart of Mercy Home which serves individuals with mild to profound developmental disabilities. Before the activity begins, volunteers receive an introduction to Misericordia and the population it serves.

- 1:15 pm – 4:00 pm
- 8 people: high school-age and older
- 6300 N. Ridge Ave., Chicago

#12

Play games at the Rice Child and Family Center

Play volleyball and Bingo with student residents (ages 8 to 16) and Center staff. The Rice Child and Family Center assists children with emotional trauma to reach productive and independent lives.

- 1:30 pm – 4:00 pm
- 25 people: teens and adults
- 1101 Washington St., Evanston

#13

Children Read to Children

Children read books aloud that will be recorded and made into CDs for chronically ill and hospitalized children. Normal Moments, Inc. is a supportive service agency that helps parents with critically ill children. Volunteers are asked to donate 1-5 new copies of their chosen book.

- 1:15 pm – 4:00 pm (in 20 minute slots; good project for time-starved families)
- children who read with minimal assistance, accompanied by adult
- Beth Emet, 1224 Dempster St.

#14

Sing-a-long at The North Shore Hotel and The Georgian

Have fun leading older adults in singing familiar songs at two of downtown Evanston's retirement communities. Song sheets and carpooling will be provided.

- 1:30 pm – 4:30 pm
- 10-25 people, age 13 and older
- 1611 Chicago Ave. & 422 Davis St., Evanston

Sorting and Assembling

#15

Baby, It's You

Assemble baskets of basic baby items for infants living in area shelters at the "layette headquarters" of INFANT, Inc., a Chicago area charity providing formula, clothing, and infant basics. Participants are asked to bring one baby "sleeper" pajamas, size newborn to 12 months.

- 1:30 pm – 3:30 pm
- 20 people: adults and children, age 9 and older
- 1615 Washington, Evanston

#16

Give a "Face Lift" to Learning Center Library

Alphabetize, organize and artistically display books in the YMCA Children's Center library. The YMCA Children's Center provides quality, comprehensive childcare and education for Evanston's diverse community.

- 1:30 pm – 3:30 pm
- 10 people, high school age and older
- 1420 Maple Ave., Evanston



#17

The Boundless Reader

Inventory library books in this teacher's resource center. The Boundless Reader, formerly named The Rochelle Lee Fund, is a literacy organization that serves teachers and students in the Chicago public schools.

- 1:30 pm – 3:30 pm
- 10 people, age 13 and older
- 5153 N. Clark St., Chicago



Fix-up/Clean-up

#18 It Takes A Village

Many greased elbows are needed for painting, scrubbing and waxing at fair trade retailer Ten Thousand Villages which provides vital income for artisans in developing nations.

- 1:30 pm – 4:30 pm
- 20 people: teens and adults
- 719 Main St., Evanston

#19 Roll-up Your Sleeves for Hospitality

The Interfaith Action Hospitality Center, which provides a warming/drop-in center for members of the homeless community, seeks folks to deep clean walls and shelves.

- 1:30 pm – 3:30 pm
- 10 people: teens and adults
- St. Mark's Church, 1509 Ridge

#20 Clean and Organize!

Clean up and organize a basement storage area for the Howard Area Community Center. This organization serves low income families in the Rogers Park neighborhood and provides after-school activities for youth.

- 1:30 pm – 3:30 pm
- 10 people, age 15 and older
- 1527 W. Morse, Chicago

#21 Wheelchair Wash

Spring clean wheelchairs belonging to residents of Over the Rainbow Association, an agency that manages affordable, barrier free, wheelchair accessible housing to disabled adults. Chat with the residents while you clean.

- 1:30 pm – 3:30 pm
- 10 people; families welcome
- 2040 Brown St., Evanston

#22 Painting for Independent Futures!

Paint the walls of a community meeting room for Center for Independent Futures, an Evanston agency that helps adults with disabilities plan, support and find new ways of living in the community.

- 1:30 pm – 3:30 pm
- 5 people, high school age and older
- 930 Chicago Ave., Evanston

#23 "Work out" at the YW

Get a good "work-out" while cleaning the playground equipment and spreading new wood chips in the playground of the YWCA. The YWCA's mission is to eliminate racism and empower women.

- 1:30 pm – 3:30 pm
- 6 people, high school age and older
- 1215 Church St., Evanston





Feeding the Hungry

#24

Ladle up the Soup

Serve a meal you've helped prepare for 100 guests of the Interfaith Action Sunday Soup Kitchen of St. Paul's Lutheran Church. Participants will be asked to bring some of the ingredients needed to prepare the meal.

- 1:30 pm – 4:30 pm
- 8 - 12 people: adults and youth (9 years and older)
- St. Paul Lutheran Church, 1004 Greenwood, Evanston

#25

Slice, Dice and Stir

Prepare a meal for 100 guests of the Interfaith Action Soup Kitchen at Second Baptist (to be served by others the next day). Voluntary donations toward food expenses accepted but not required.

- 1:30 pm – 3:30 pm
- 6 people: adults and youth (11 years and older)
- St. Nicholas Parish, Oldershaw Hall, (just west of church building, 806 Ridge)

#26

Serve Dinner at Good News

Serve and clean-up the Sunday evening meal at Good News Community Kitchen. This Rogers Park organization serves dinner 365 days a year and works with families and youth in a variety of ways.

- 4:00 pm – 6:30 pm (NOTE TIME)
- 8 people, age 14 and older
- 7649 N. Paulina St., Chicago

Creative Endeavors

#27

Art in the Afternoon

Do you enjoy crafts? Make a small gift for elderly residents of Lieberman Geriatric Health Center. Volunteers will then present the gifts to residents.

- 1:30 pm – 3:00 pm
- 15 people, all ages welcome
- 9700 Gross Point Road, Skokie

#28

Mother's Day Gift Bags

Assemble small gift bags for mothers in the transitional housing program of Connections for the Homeless. Participants will be asked to bring some of the gift items. A nice project for families with young children who can color the bags and greeting cards.

- 1:15 pm - 3:00 pm
- 15 people; families welcome
- Beth Emet, 1224 Dempster

#29

Knit One, Purl two

Knitters will knit and assemble squares to be made into baby blankets. Yarn will be provided, but participants need to bring knitting needles. A calm project for those who prefer to stay indoors.

- 1:30 pm – 3:30 pm
- knitters should be proficient with basic stitch
- adults and youth age 10 and older
- St. Nicholas Parish, 806 Ridge

#30

Posters for CARE

Use your artistic skills to design and color posters for CARE, the Evanston Animal Shelter. Participants may be asked to bring minimal art supplies.

- 1:30 pm – 3:30 pm
- 10 people, age 5 and up (younger children accompanied by adult)
- Reba Place Ministry Center, 535 Custer

#31

Flashcards!

Make flashcards to help immigrants learn English and study for their citizenship tests. The Hebrew Immigrant Aid Society is the oldest migration and refugee resettlement organization in the U.S. and serves a diverse population.

- 1:15 pm – 3:00 pm
- volunteers should have good printing skills
- Beth Emet, 1224 Dempster

#32

No-Sew Fleece Blanket Making

Learn a new skill and make fleece blankets to be given as gifts to seriously ill and traumatized children, ages 0-18, through Project Linus. Instruction and guidance will be provided. Participants will be asked to bring fleece fabric, pins, ruler, and fabric scissors.

- 2:30 pm-4:30 pm
- 12 people: adults and children (age 10 and older)
- St. Nicholas Parish



Registration

Return form by Friday, April 17, 2009



I am a member of: Beth Emet Reba Second Baptist St. Nicholas

Name

Email

Phone

Name

Email

Phone

Child/Teen's Name & Age

Child/Teen's Name & Age

Child/Teen's Name & Age

Child/Teen's Name & Age

Indicate your choice of project by its number.

1st _____

2nd _____

3rd _____

I will be glad to work on any project as needed.

I/We would like to make a voluntary donation to help defray the costs of Unity Day.

\$ _____ enclosed.

Make checks payable to Beth Emet Synagogue and earmark: Unity Day. Thank You!

Return completed form and optional check for your donation by April 17, 2009
to Unity Day, 962 Harvard Terrace, Unit G, Evanston, IL 60202
Or Email your 1st, 2nd, and 3rd choices to: unityday@bethemet.org